



Menu

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Check us out at www.frankieandbennys.com

Service charge is at your discretion.

We accept all major credit cards.

Our prices include Value Added Tax at the current rate.

Frankie & Benny's, 4th Floor, 5-7 Marshalsea Road, Borough,
London SE1 1EP

BREADS

Flavoured Garlic Pizza Breads £3.95

Choose from: Garlic • Mozzarella Cheese • Tomato & Garlic
• Tomato & Nut Pesto • Goat's Cheese & Onion

Warm Garlic Dough Balls £3.65

Warm Dough Sticks & Dips £3.75

Choose from Pepper Jack Cheese, Neapolitan or
Garlic Butter

Bread and Olives £3.95

Warm ciabatta bread served with olives, olive oil and
balsamic vinegar

STARTERS

Soup of the Day £4.05

Our chefs' daily favourite served with freshly baked garlic dough balls.

LF Mushroom Alfredo Crostini £5.45

Fresh garlic button mushrooms tossed in our rich cheese sauce, served over toasted garlic ciabatta bread. Belissimo!

Bruschetta £4.95

A home made mix of fresh tomato, red onion, basil, olive oil and cracked black pepper served over toasted garlic ciabatta bread, finished with a balsamic glaze.

Amazing Skins £4.45

Mouth watering and fully loaded. Choose from BBQ chicken, sweetcorn & cheddar; crispy bacon & cheddar or melted goat's cheese and home made bruschetta. Served with sour cream on the side.

Crispy Coated Chicken Strips £5.45

Three southern fried chicken breast strips served on honey and mustard dressed salad leaves with a pot of our delicious dressing served on the side.

Large Chicken Wings £5.65

Five large wings tossed in a choice of lemon and honey, American BBQ or Louisiana hot. All served with crunchy celery and a cooling dip.

STARTERS

LF Prawn Cocktail £4.95

Large prawns, crisp iceberg lettuce, mixed peppers and celery all tossed in our delicious thousand island dressing.

Frankie's Calamari £5.75

Lightly fried and seasoned with salt and cracked black pepper. Sprinkled with Italian cheese and served with a warm Neapolitan dip.

Mozzarella & Tomato Salad £4.95

Light creamy mozzarella, sliced beef tomato, marinated olives and warm garlic dough balls. Served with fresh rocket, olive oil and seasoned with cracked black pepper.

Tiger Prawn Skewer £5.95

Four large shell on tiger prawns served with fresh rocket and a sweet chilli dip.

Crab Cake £5.95

Prepared to Frankie's secret recipe, our large oven baked crab cake is served on a bed of fresh rocket with a tomato chilli drizzle. A true delight!

LF Sampler Platter £13.75

A giant feast of our house favourites; chicken strips, BBQ chicken wings, fully loaded potato skins, spicy onion rings, bread sticks and garlic ciabatta bread. Served with a selection of delicious dips and crunchy celery sticks. Four of everything, ideal for families!

PASTA & BAKES

Spaghetti Bolognese £8.75

Our classic beef ragu cooked to Cousin Mario's Italian recipe, generously heaped onto spaghetti.

LF Meatballs on Spaghetti £9.75

Five large classic pork and beef meatballs, piled high on spaghetti, tossed in our rich tomato and beef ragu. A real big eat!

Spaghetti Carbonara £8.75

An Italian classic! Spaghetti tossed with pancetta bacon, sautéed mushrooms and a deliciously creamy cheese sauce.

Chicken Carbonara £9.75

A twist on our classic carbonara. Pancetta bacon, sautéed mushrooms and creamy carbonara sauce loaded with chicken.

Lasagne al Forno £9.55

Pasta sheets layered with cousin Mario's beef ragu, creamy béchamel sauce and mozzarella cheese, glazed in the oven and served piping hot. A real Frankie's favourite!

Macaroni Cheese £8.45

Tubes of pasta in a rich, creamy cheese sauce, baked in the oven 'til bubbling and topped with Italian cheese.

Spinach & Ricotta Cannelloni £8.55

Cannelloni filled with spinach and ricotta served in a blend of tomato and creamy cheese sauces. Baked in the oven 'til bubbling!

Macaroni Carbonara £8.75

Crispy bacon and pasta tossed in our creamy cheese sauce, baked in the oven til' bubbling and topped with Italian cheese.

SPECIALITY PIZZAS

Dare to be different! An exciting range of pizzas straight from The States with great toppings served like never before!

Louisiana Chicken £9.95

Strips of tender Louisiana hot chicken served on our spicy tomato topped base, smothered with melted mozzarella and finished with a cooling bruschetta mix.

Boston 7 £9.95

Fully loaded with slices of our classic pork meatballs, spicy pepperoni, ham, crispy bacon, chicken, peppers and red onion served on our BBQ sauce base, topped with melted mozzarella.

Californian Club £9.95

Strips of tender chicken breast and crispy bacon served on our tomato topped base and smothered with melted mozzarella. Finished with a bruschetta mix and fresh rocket.

New Yorker £9.95

Fully loaded with strips of tender chicken breast, bacon and pepper cheese sauce on our tomato topped base with melted mozzarella and a cooling bruschetta mix.

Philly Steak Pizza £9.95

Strips of tender sirloin steak, red onion, peppers, Philly cheese sauce and fresh chilli on our melted mozzarella and tomato topped base.

HOUSE PIZZAS

We love them! Fully loaded thin crust Italian pizzas.
Ideal to share with one of our delicious salads.

Extra toppings are available at £1 each.
Please ask your server.

Margherita £7.95

Melted mozzarella and fresh sliced tomato on
our tomato topped base. Simple but delicious!

American Hot £8.95

Feeling fiery? Slices of spicy pepperoni and fresh chilli.
It's a hot one!

Chicken Americano £9.55

Strips of tender chicken breast with lashings of spicy
pepperoni, slices of fresh chilli and red onion.

BBQ Meatball £9.55

Chunky slices of our classic beef and pork meatballs, fresh
red pepper and onion served on our tangy BBQ sauce base
and topped with melted mozzarella. A fantastic feast!

HOUSE PIZZAS

Hawaiian £8.55

Loaded with slices of tender ham and pineapple.
A real classic!

LF Californian £9.25

Creamy goat's cheese, slices of fresh tomato, mixed peppers, sautéed mushrooms and red onion, with melted mozzarella on our tomato and nut pesto base.

BBQ Chicken £9.25

Strips of tender chicken served on our tangy BBQ sauce base and topped with lashings of mozzarella cheese.

American Deli £8.95

A real meat feast! Fully loaded with tender ham, crispy bacon, lashings of spicy pepperoni and mushrooms.

DEEP FILLED CALZONE

Big eat, big value! Folded pizzas filled to the brim and served with a salad garnish on the side

Chicago Grinder £9.95

Fully loaded with slices of our classic pork meatballs, spicy pepperoni, chicken breast, red onion, sweet corn, red pepper and mozzarella cheese with BBQ sauce.

New Yorker £9.95

Full to the brim with spicy pepperoni, ham, bacon, mushrooms and mozzarella. All topped with Mamma's rich Neapolitan tomato and herb sauce.

Chicken Carbonara £9.95

Lashings of tender chicken breast, pancetta bacon and mushrooms with a creamy cheese sauce and grated Italian hard cheese.

Meatball Siciliana £9.95

Fully loaded with our chunky beef and pork meatballs, cousin Mario's favourite beef bolognese, mozzarella and spicy pepperoni.

Garlic Mushroom & Goat's Cheese £9.45

Loaded with sautéed garlic mushrooms, creamy cheese sauce and a blend of mozzarella and goat's cheese.

OUR SPECIALS

All of our specials are individually prepared and cooked to order. These dishes are firm Frankie's favourites and we believe you'll think so too.

BBQ Chicken & Ribs £13.95

A quarter cut chicken and baby back pork ribs, smothered with BBQ sauce and served with coleslaw, corn on the cob and your choice of herb potatoes or house fries.

Beer Battered Cod & Chips £9.55

Two prime fillets of cod in a light, golden beer batter. Served with house fries, a salad garnish and tartare sauce on the side.

LF New York Chicken £13.95

A chicken breast topped with crispy bacon and Monterey Jack cheese smothered in our famous BBQ sauce. Served with spicy onion rings, corn on the cob, coleslaw and your choice of herb potatoes or house fries.

Pollo Limone £11.95

A succulent chicken breast coated in garlic and herb breadcrumbs, drizzled with our lemon and basil dressing. Served with wilted spinach, herb potatoes and a char-grilled lemon garnish.

Salmon Fishcakes £10.45

Tender salmon, fresh red pepper and mozzarella cheese fishcakes. Served with a fresh rocket and Italian hard cheese garnish and your choice of herb potatoes or house fries.
Tartare sauce on the side.

Salt & Pepper Scampi £10.45

Breaded sea salt and cracked black pepper scampi served with your choice of herb potatoes or house fries. Fresh rocket and Italian hard cheese garnish, lemon wedge and tartare sauce are served on the side.

OUR SPECIALS

Mediterranean Vegetable Risotto £9.95

Arborio rice cooked in a rich tomato and white wine sauce with sun kissed tomatoes, Mascarpone cheese and a selection of roasted Mediterranean vegetables. Served with garlic ciabatta and sour cream on the side.

LF Benny's Sweet Cured Bacon Steaks £11.45

Three sweet cured bacon steaks grilled and served with roasted cherry tomatoes on the vine, flat mushroom and a fresh rocket and Italian hard cheese garnish with a pot of American mustard on the side. Choose from herb potatoes, or house fries.

Oven Baked Pesto Salmon £11.95

An oven baked salmon fillet brushed with nut pesto and topped with a citrus crust. Served with roasted cherry tomatoes on the vine and your choice of herb potatoes, or house fries. Fresh rocket and Italian hard cheese garnish served on the side.

BBQ Ribs (Full Rack) £14.95

A full rack of tender baby back pork ribs, smothered in our famous BBQ sauce. Served with your choice of herb potatoes or house fries with coleslaw, corn on the cob and extra BBQ sauce on the side.

All Day New England Breakfast £8.55

Crispy bacon, two sausages, two fried eggs and Heinz baked beans served with Frankie's herb potatoes, flat mushroom and a grilled tomato slice.

21 DAY AGED HOUSE STEAKS

All of our steaks are UK / Irish sourced, specially selected for Little Frankie's, and aged for a minimum of 21 days before being seasoned and seared on our char-grill. Why not accompany your steak with a peppercorn sauce or garlic butter topping for an additional £1?

Steak & Fries £10.95

A 6oz* strip sirloin served plain and simple with house fries and a pot of American mustard on the side. Simple but classic!

8oz* Rump Steak £14.95

Cooked just how you like it, served with roasted cherry tomatoes on the vine, flat mushroom, and your choice of herb potatoes or house fries. Fresh rocket and Italian hard cheese garnish served on the side.

10oz* New York Strip Sirloin £16.95

Aged strip steak cut thick and served with roasted cherry tomatoes on the vine, flat mushroom and a fresh rocket and Italian hard cheese garnish on the side. Choose from herb potatoes or house fries.

Frankie & Benny's Mixed Grill Platter £18.95

A 23oz* meat feast! Sirloin steak, bacon steaks, pork and herb sausage and a quarter cut chicken. Served with roasted cherry tomatoes on the vine, flat mushroom, house fries and a fresh rocket and Italian hard cheese garnish. BBQ sauce served on the side.

BURGERS

Prime Irish 6oz* burgers served on a toasted sesame seed bun with house fries and tomato-chilli relish on the side.

Classic Hamburger £8.95

Our 6oz* grilled hamburger served simple. Lettuce, tomato, red onion, dill pickle and mayo.

Cheeseburger £9.65

A real favourite! Monterey Jack cheese, lettuce, tomato, red onion, dill pickle and mayo.

LF Black Pepper Mayo Burger £9.95

Our best burger yet! A Cajun spiced burger with crispy grilled bacon, lettuce, tomato, red onion and dill, topped with our secret black pepper mayonnaise sauce.

Bacon Cheese Burger £9.95

Crispy grilled bacon, Monterey Jack cheese, lettuce, tomato, red onion and dill pickle with mayo.

LF Black & Blue Burger £9.95

A Cajun spiced burger glazed with melted blue cheese and served with lettuce, tomato, dill pickle, spicy onion rings and blue cheese dressing.

Mediterranean Veg Burger £8.95

A Mediterranean style combination of red peppers, olives, sun dried tomatoes and mozzarella cheese. Served in a toasted sesame seed bun with lettuce, tomato, red onion, dill pickle and mayo. House fries and a pot of tomato chilli relish on the side.

12oz DOUBLE STACKS

Manhattan Burger £11.95

Two 6oz* grilled hamburgers stacked high and topped with crispy grilled bacon, Monterey Jack cheese, lettuce, tomato, red onion, dill pickle, mayo and spicy onion rings.

BBQ Double Cheese £11.95

Two 6oz* grilled hamburgers each topped with Monterey Jack cheese. Served with lettuce, tomato, red onion, dill pickle, mayo, spicy onion rings and a pot of BBQ sauce for you to pour!

Double Philly Stack £11.95

Two 6oz* grilled hamburgers topped with our own recipe pepper cheese sauce. Piled high with crispy bacon, lettuce, mayo and spicy onion rings.

HOT BAKED WRAPS

Balsamic Chicken £8.95

Our flour tortilla loaded with breaded chicken, our bruschetta mix and lettuce tossed in balsamic glaze. Served with a pot of coleslaw and your choice of mash or house fries.

Chicken, Bacon, Honey & Mustard £8.95

Our flour tortilla packed full with breaded chicken, bacon, red onion, grated cheddar and lettuce smothered in our honey and mustard dressing. Served with a pot of coleslaw and your choice of mash or house fries.

BBQ Steak £10.45

Our flour tortilla packed full with strips of sirloin steak, red onion, peppers, lettuce and grated cheddar, all smothered in our tangy BBQ sauce. Served with a pot of coleslaw and your choice of mash or house fries.

Goat's Cheese & Caramelised Red Onion £8.75

Our flour tortilla wrap with creamy goat's cheese, caramelised red onion, roasted red pepper and lettuce tossed in balsamic glaze. Served with a pot of coleslaw and your choice of mash or house fries.

SANDWICHES

LF Grilled Chicken Breast Sandwich £9.95

Choose from Cajun spiced chicken or plain chicken breast. Topped with mayo, lettuce, fresh cut tomato and spicy onion rings. Served on a toasted sesame seed bun with house fries and a pot of golden corn relish.

Chicken Club Triple Decker £9.75

Grilled chicken breast, crispy bacon, lettuce and fresh cut tomato layered between toasted wholemeal bread, spread with mayo. Served with house fries and a pot of coleslaw on the side.

Frankie's Steak Ciabatta Sandwich £10.45

A 4oz* sirloin steak cooked to your liking and served on ciabatta bread spread with nut pesto mayo, lettuce and red onion. Served with house fries, slices of fresh tomato and mozzarella drizzled with nut pesto oil.

FRANKIE'S

SALADS

Frankie's Caesar Salads £10.25

Choose from: Grilled chicken breast • Oven baked Cajun spiced salmon • Seasoned calamari

Crispy Cos lettuce leaves, white anchovy, tomato and fresh garlic ciabatta croutons drizzled with our Caesar dressing, topped with Italian cheese and served with a wedge of lemon.

Lemon Chicken Salad £9.95

A seasoned chicken breast served with fresh rocket, spinach, green and red peppers, celery, red onion and cherry tomatoes, all tossed in our delicious lemon and basil oil with half a char-grilled lemon on the side.









Crab Salad £10.25

Our shredded crab served on a bed of mixed leaves with tomato, roasted red pepper and onion, tossed in our sweet chilli dressing with half a char-grilled lemon on the side.

LF Sticky Salads £9.75

Fresh crisp salad leaves, tomato and red onion tossed in our own sweet chilli dressing and topped with your choice of sticky chicken or sticky tiger prawns. Served with garlic ciabatta bread on the side.

SIDE ORDERS

| | |
|--|--------------|
| House Fries  | £3.45 |
| Spicy Onion Rings  | £3.95 |
| Coleslaw  | £2.45 |
| Caesar Salad | £3.75 |
| Mixed Vegetables  | £2.05 |
| House Salad  | £3.50 |
| Olives  | £2.25 |
| Warm Ciabatta Bread  | £2.95 |
| Frankie's Herb Potatoes or Mash  | £3.45 |

LIGHTER OPTIONS

STARTERS

Soup of the Day 150 kcal **£4.05** 

Our chef's favourite, tomato and basil.

Tomato & Red Onion Salad 180 kcal **£3.95** 

Sliced beef tomato and fresh red onion served with rocket, basil and red French dressing.

Crab Cake 300 kcal **£5.95**

Prepared to Frankie's secret recipe, our large oven baked crab cake is served on a bed of fresh rocket with a tomato chilli drizzle. A true delight!

Grilled Tiger Prawn Skewer 280 kcal **£5.95**

Four large shell on tiger prawns served with fresh rocket and a sweet chilli dip.

LIGHTER OPTIONS

MAIN COURSES

Spaghetti Bolognese 350 kcal **£7.25**

A lighter portion of our classic beef ragu tossed with spaghetti. Served with a fresh rocket, tomato and red onion salad sprinkled with Italian hard cheese and half a char-grilled lemon on the side for added flavour.

Spaghetti Oceana 310 kcal **£8.75**

Spaghetti tossed in our Neapolitan tomato sauce with large prawns, clams and garlic. Served with a fresh rocket, tomato and red onion salad sprinkled with Italian hard cheese and half a char-grilled lemon on the side for added flavour.

Red French Pizza 650 kcal **£8.25**

Melted mozzarella, beef tomato and red onion on our tomato base, drizzled with our delicious red French dressing.

Marinara Pizza 650 kcal **£8.95**

Large prawns, anchovies and clams on our tomato base topped with fresh rocket. Great with Tabasco.

LIGHTER OPTIONS

MAIN COURSES

Chargrilled 6oz* Steak Salad 400 kcal **£10.95**

Our 6oz* strip sirloin cooked to your liking and served with a fresh rocket, tomato, spinach and red onion salad, sprinkled with Italian hard cheese. Cherry tomatoes on the vine and half a char-grilled lemon are served on the side.

Citrus Salad

Mixed leaves with spinach, tomato, red onion, cucumber and cherry tomatoes, drizzled with our delicious lemon and basil dressing and seasoned with black pepper. Topped with your choice of chicken breast or salmon fillet and served with half a char-grilled lemon served on the side for added flavour.

Chicken Breast 600 kcal **£9.95**

Served plain or with Cajun spices

Salmon Fillet 550 kcal **£10.95**

Served plain or with Cajun spices

LIGHTER OPTIONS

DESSERTS

Sorbet £2.95

Two refreshing scoops served with a sprig of mint.

Choose from:

Lemon 130 kcal or **Mango** 110 kcal

Chocolate Pancake 200 kcal **£2.95**

A warm pancake topped with brownies and cream ice cream and drizzled with chocolate sauce.

Calorie values are approximate based on a typical serving size. As all our lighter dishes are hand-made to order there may be slight variations.



These dishes are suitable for vegetarians, however we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food.

LF SPARKLING

Perfect for any occasion

| | ABV | Bottle |
|---|-------|--------|
| Fantinel Prosecco | 11.5% | £20.95 |
| Italy - A wonderfully light and frothy fizz full of pear and peach flavours. | | |

LF ROSÉ

Great with Pizza and Shared Platters

| | ABV | 175ml | 250ml | Bottle |
|---|-----|-------|-------|--------|
| Premium Pinot | 12% | £4.30 | £5.85 | £16.45 |
| Grigio Rosé | | | | |
| Italy - A crisp and refreshing light blush rosé. | | | | |

LF WHITES

ABV 175ml 250ml Bottle

Premium Sauvignon Blanc

12% £3.95 £5.45 £15.25

Italy - A zesty white packed with
gooseberry, passionfruit and lime.

Crisp, Light White

A perfect complement for any meal

Pinot Grigio - Collezione Marchesini

12% £4.50 £6.10 £17.45

Italy - Crisp and refreshing with
hints of apricot.

Medium Bodied, Soft White

Enjoy with Appetisers, Chicken and creamy Pasta

Kleine Zalze Chenin Blanc

13.5% £4.30 £5.85 £16.45

South Africa - A lively wine,
packed with tropical fruit flavours.

LF REDS

ABV 175ml 250ml Bottle

LF Premium Cabernet Sauvignon

12% £3.95 £5.45 £15.25

Italy - An easy-drinking red full of blackcurrants

Smooth, Medium Bodied Red

Drink with Steaks, Burgers and Pasta with meat or tomato flavours

Marques de Morano Rioja

13% £4.50 £6.10 £17.45

Spain - Ripe plum fruit married with soft spicy oak.

Rich, Deep Bodied Red

Perfect with Steak and BBQ Meats, Pizza and Pasta

Hardys Nottage Hill Cabernet-Shiraz

13.1% £4.50 £6.10 £17.45

Australia - Smooth, rich and well balanced with blackberry flavours.

WINE ABVS MAY VARY ACCORDING TO VINTAGE,
PLEASE REFER TO THE BOTTLE LABEL.

BEER

| | | ABV | |
|-----------------------------------|--------------|--------------|--------------|
| Budweiser | 330ml | 5.0% | £3.35 |
| Budweiser '66' | 300ml | 4.0% | £3.35 |
| Becks | 275ml | 5.0% | £3.25 |
| Corona | 330ml | 4.6% | £3.35 |
| Coors Light | 330ml | 4.5% | £3.25 |
| Peroni | 330ml | 5.1% | £3.35 |
| Miller Genuine Draft | 330ml | 4.7% | £3.35 |
| Magners Original Cider | 330ml | 4.5% | £3.55 |
| Magners Pear Cider | 330ml | 4.5% | £3.55 |
| Low Alcohol Becks | 275ml | 0.05% | £2.95 |

A wide range of spirits and mixers are available. Please ask your server for details

SOFT DRINKS

Coca-Cola, Diet Coke, Schweppes Lemonade, Orange Fanta

16oz glass **£2.35**

Orange or Apple Juice glass £2.35

Coca-Cola, Diet Coke, Coke Zero

330ml The original classic icon glass profile bottle **£2.55**

Sprite, Orange Fanta 330ml bottle £2.55

Irn Bru, Irn Bru Diet 330ml bottle £2.55

Strathmore

Still Water, Sparkling Water, 330ml £2.25
1ltr £3.95

Appletiser £2.35

100% apple juice with a touch of sparkle

J20 Apple and mango 275ml bottle £2.55

J20 Orange and passionfruit 275ml bottle £2.55

LF Milkshakes £2.95

Little Frankie's American style milkshakes are made with rich and creamy ice cream, served at your table in a traditional silver shaker. Flavours include the Little Italy favourites of Vanilla, Chocolate and Strawberry and the more daring Manhattan treats such as Banana & Butterscotch or Chocolate Orange, please ask your server for details. Go on - treat yourself!

COFFEE

| | | | | |
|------------------------------|---------|-------|--------|-------|
| Cappuccino | regular | £2.55 | large | £2.95 |
| Caffe Latte | | £2.55 | | |
| Baileys Latte | | £3.95 | | |
| Freshly Ground Coffee | single | £2.25 | double | £2.55 |
| Drambuie Coffee | | £3.95 | | |
| Espresso | single | £1.95 | double | £2.25 |
| Macchiato | | £2.25 | | |
| Decaffeinated Coffee | | £2.25 | | |
| Pot of Tea | | £1.95 | | |
| Hot Chocolate | | £2.55 | | |
| Liqueur Coffee | | £3.95 | | |

Ask your server for options available.